## **CAFOs Are Not Real** Farms. Here's Why:

## **REAL HOG FARMS**



- ▲ Independent farmers own their hogs and decide how to manage their farms.
- ▲ Hogs produce manure. It naturally decomposes aerobically in fresh air and sunlight, building soil health. This smells like, well, manure.
- ▲ Farms are smaller and largely selfregulating.
- ▲ Hogs are humanely raised mostly outdoors and allowed to enjoy their natural social behaviors.
- ▲ Antibiotics aren't routinely needed or used for disease prevention and used only occasionally for treating illness.
- ▲ Farm-raised hogs produce meat high in healthy Omega 3's fatty acids.3
- ▲ Real farms keep profits within the community and build healthy local economies. They support local business infrastructure.

## **FACTORY HOG FARMS - CAFOS**



- ▼ Large mega-corporations typically own the hogs. CAFO owners (or hired hands) follow corporate instructions.
- ▼ CAFOs produce toxic sewage that putrefies anaerobically in underground pits producing 300+ toxins and gases including ammonia, hydrogen sulfide. The raw sewage stinks, can make people physically sick and destroy their quality of life.
- ▼ CAFOs are large polluting industrial facilities and should be regulated as such.
- ▼ CAFO hogs are confined 24/7, live above their wastes, and have little room to move. Sows are often cruelly confined in gestation crates. These intelligent animals are stressed and bored.1
- ▼ Close confinement requires the use of low dose antibiotics for disease prevention. This contributes to the dangerous rise of antibiotic-resistant bacteria.2
- ▼ CAFO hogs produce meat with unhealthy levels of Omega 6 fatty acids.<sup>4,5</sup>
- ▼ Most profits go back to corporate headquarters, often in other states or countries. CAFOs drive out local businesses. Frequent tractor-trailer traffic breaks down county roads at the county's expense.6,

Agribusiness spends tens of millions of dollars a year on public relations campaigns to convince you CAFOs are real farms.8 Don't believe it. Learn more here: bit.ly/2wpEEA8

- 1. "Scientists and Experts on Gestation Crates and Sow Welfare." The Humane Society of the United States. Oct. 2012.
- 2. Antibiotic Resistance Threats in the United States, 2013. Centers for Disease Control and Prevention.
- 3. "Red meat from animals offered a grass diet increases plasma and platelet N-3 PUFA in healthy consumers."
- British Journal of Nutrition. 2011. Volume 105, pages 80-89.

  4. "An Increase in the Omega-6/Omega-03 Fatty Acid Radio Increases the Risk for Obesity." Nutrients. March 2016.
- 5. Massiera, F et. al. "A Western-like fat diet is sufficient to induce a gradual enhancement in fat mass over generations". Journal of Lipid Research. August 2010. Volume 51, pages 2352-2361.
- 6. Gomez, Miguel I. and Liying Zhang. "Impacts of Concentration in Hog Production on Economic Growth in Rural Illinois: An Econometric Analysis." American Agricultural Economics Association. July 2000.
- 7. Excessive Truck Weight: An Expensive Burden We Can No Longer Afford. U.S. Government Accountability Office
- 8. Spinning Food. Friends of the Earth. 2015.

Jefferson County Farmers & Neighbors, Inc.

www.jfaniowa.org